**Third Sunday of Lent**

March 4th 2018

We hear in today’s Gospel how Jesus becomes angry in the Temple. We experience anger ourselves almost on a daily basis. However the extent of anger most probably stems from our impatience as human beings. Jesus on the other hand was angry because He felt people were showing a complete lack of respect for the Temple. The people in the temple were selling cattle and other things turning the temple effectively into a market-place. This is what triggers Jesus to become angry and he shouts **“Get these out of here! Stop turning my Father’s house into a market!”** The Jews ask Jesus to prove his authority, and Jesus answers them, “Destroy this temple, and I will raise it again in three days.”

Jesus is asked many times to prove his authority throughout His ministry, and when He does, through miracles and His teaching, the crowds gathered are always amazed. They share their experience with many others, for us too it is important to share our own experience of God’s love and presence in our lives.

Sometimes we become angry because of what we see around the world, injustices, famine, and wars. This righteous anger can drive us to do something positive, to make people more aware of the issues around the world, to take action and importantly to pray for peace around the world.

As we are all human, we all know the feeling of anger, and it can overcome us at times, which isn’t very pleasant, so maybe find a moment of reflection, and answer the following

1. What small trivial things make you angry?
2. How can you overcome the things that make you angry?
3. Have I prayed for the things that make you angry?
4. Can you do more personally for a particular issue around the world you feel passionate about?

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