

# 'Fiat'

## Aims and Objectives

- To get to know scripture in a deeper way (Luke 1:26-38)
- To think about how we can say 'yes' to God

Duration of session  
15 minutes

Time	Activity	Resources needed
0-5 mins	Read Luke 1:26-38	Bible (or see end of plan)
5-10 mins	Personal Reflection	Reflection sheets, if wanted
10-15 mins	Sharing	

### Introduction to session

**5 minutes**

Session Leader or young person to read the Bible passage.

Explain to young people that this was the moment that Mary said 'yes' to God's will for her life. That she was to be the one to bring Jesus into this world. Her role was important. We call this Mary's 'fiat'.

Whether this is something big like your vocation, or the small day to day things such as giving someone a smile, God has a plan for your life too and you are invited to say 'yes' to Him and bring Jesus to other people.

### Personal Reflection

**5 minutes**

Invite young people to spend a few moments thinking about how they will say 'yes' to bringing Jesus to others. You can either do this by personal prayer time or by using the reflection sheets.

### Sharing

**5 minutes**

Invite young people to share their reflections. If no one wants to share, that's ok. Move on to a short closing prayer. You could use the 'Hail Mary' asking Mary to help young people to be courageous like her.



# ENCOURAGE - EQUIP - EMPOWER

Shrewsbury Youth Mission Team

## Luke 1:26-38

26 In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, 27 to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. 28 And he came to her and said, "Greetings, favored one! The Lord is with you."<sup>[b]</sup> 29 But she was much perplexed by his words and pondered what sort of greeting this might be. 30 The angel said to her, "Do not be afraid, Mary, for you have found favor with God. 31 And now, you will conceive in your womb and bear a son, and you will name him Jesus. 32 He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. 33 He will reign over the house of Jacob forever, and of his kingdom there will be no end." 34 Mary said to the angel, "How can this be, since I am a virgin?"<sup>[c]</sup> 35 The angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born<sup>[d]</sup> will be holy; he will be called Son of God. 36 And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. 37 For nothing will be impossible with God." 38 Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." Then the angel departed from her.



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