

ENCOURAGE - EQUIP - EMPOWER  
Shrewsbury Youth Mission Team

# National Youth Sunday Resources 2017



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YOUTH@DIOCESEOFSHREWSBURY.ORG

Shrewsbury Youth Mission Team is part of the Diocese of Shrewsbury Reg Charity 234025





## Newsletter Inserts

### **Weekend before National Youth Sunday 18<sup>th</sup> and 19<sup>th</sup> November 2017**

#### **26<sup>th</sup> November 2017 National Youth Sunday "Something to say"**

Next Sunday the Church in England and Wales celebrates National Youth Sunday. Ahead of next year's Youth Synod in Rome, Pope Francis encourage us to LISTEN to young people and to empower them in what they wish to say about the Church and the life of faith. At the same time we join the Church around the world in marking the great feast of Christ the Universal King. This provides us with the opportunity to invite young people to be at the heart of our celebration next week. [Insert information about what is available for young people e.g. who they go to if they want to volunteer to read/take part in the liturgy]. There are three ways each parishioner can prepare for this celebration:

- To pray for the young people we know in our family, friendship circles and local community.
- To share the work of the Shrewsbury Youth Mission Team with the young people you know
  - You can find SYMT on social media @Shrewsbury\_YMT
- To invite two young people you know to church next Sunday.

For more information about National Youth Sunday please email [youth@dioceseofshrewsbury.org](mailto:youth@dioceseofshrewsbury.org), follow @Shrewsbury\_YMT on Twitter or like the Shrewsbury Youth Mission Team Facebook page.

### **Weekend of National Youth Sunday 25<sup>th</sup> – 26<sup>th</sup> November 2017**

#### **National Youth Sunday - "Something to say"**

Today we celebrate National Youth Sunday on the Feast of Christ the Universal King. Inspired by the gospel we pray for the grace to encounter all people as if we were encountering Christ.

National Youth Sunday also offers us the opportunity to show discipleship by welcoming young people into the heart of our community and, like next year's Youth Synod in Rome, listen to them. [Insert an invite to any youth events] Each of us can let our young know that they are accepted, important and loved through a prayer, a smile or a kind word. For more information about National Youth Sunday please email [youth@dioceseofshrewsbury.org](mailto:youth@dioceseofshrewsbury.org), follow @Shrewsbury\_YMT on Twitter or like the Shrewsbury Youth Mission Team Facebook page

# National Youth Sunday 2017

Something to say...

youth@dioceseofshrewsbury.org



On this Feast Of Christ the Universal King we also celebrate National Youth Sunday. There are many different opportunities to engage with your young people this National Youth Sunday, whether through a youth group session, retreat, Sunday Mass or other event. Here is a collection of inspirational facts, quotes that you may find helpful in your preparation.

## Liturgy of the Word

### First Reading

Ezekiel 34:11-12, 15-17

*I shall be a true shepherd to them*

### Responsorial Psalm

Psalm 22

The Lord is my shepherd there is nothing I shall want

### Second Reading

1 Corinthians 15:20-26, 28

*All men will be brought to life in Christ*

### Gospel

Matthew 25:31-46



### Sheepy Fact

The youngest boy in the family would have usually become shepherd of the sheep, with the older sons helping out with harvesting and other farming duties. Remember David? He was the youngest of eight sons, so became the family shepherd.

"Then Samuel asked, "Are these all the sons you have?" "There is still the youngest," Jesse replied. "But he's out in the fields watching the sheep and goats." (1 Samuel 16:11).

### Share the Journey prayer

God our refuge,  
you share the journey  
with migrants and refugees,  
lightening their footsteps with hope.

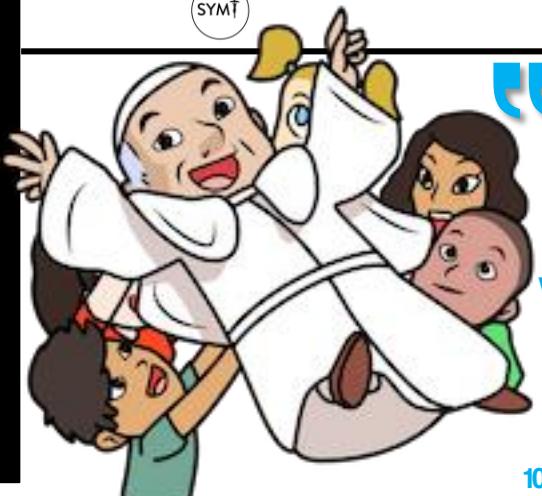
For you, Lord, are close  
to the broken-hearted.  
Pour out your Spirit  
upon world leaders.  
May they see the tragedies  
of our human family,  
and be moved to respond with  
wisdom, compassion and courage.

Open our eyes and hearts  
to the God-given dignity  
of all your people.  
Move us to welcome our  
neighbours,  
and so bear witness to your love.

Through Christ our Lord, Amen.  
*Rachel McCarthy/CAFOD*

|||||||  
**THE LORD  
IS MY  
SHEPHERD;  
THERE IS  
--- NOTHING ---  
I SHALL WANT**

SYM†



## Christ the King

**Do not wait  
for leaders,  
do it alone,  
person to  
person.**

**St Teresa of  
Calcutta**

**No one has ever  
become poor by  
giving.**

**Anne Frank**

### Sheepy Fact

Sheep have an excellent long term memory, they can remember as many as fifty faces for up to two years and most particularly they have a keen recall of unpleasant experiences.

Vocational pastoral ministry is **learning the style of Jesus**, who passes through the places of daily life, stops without being hurried and, by looking at our brothers with mercy, leads them to encounter God the Father

**POPE FRANCIS**  
Address to Participants in the International Conference on Pastoral Work for Vocations, 21 October 2016.

**Remember that the Christian life is one of action; not of speech and daydreams. Let there be few words and many deeds, and let them be done well.**

**St. Vincent Pallotti**

**Life's most urgent questions is:** **What are you doing for others?**

**Martin Luther King, Jr.**

### Useful Link

[www.cafod.org.uk](http://www.cafod.org.uk)

"In so far as you did this to one of the least of these brothers and sisters of mine you did it to me"

**Every stranger who knocks at our door is an opportunity for an encounter with Jesus Christ, who identifies with the welcomed and rejected strangers of every age.**

**POPE FRANCIS**



### PRAYERS OF INTERCESSION

Father in Heaven, today on National Youth Sunday we pray for young people across the world. We pray that our lives will become like rich soil and that we will be able to witness to your love by listening to your Word.

Lord, in your mercy...

For all those whose youth is an unhappy time; those who are suffering physically, mentally and emotionally for any reason. May we be inspired to support our friends as well as our neighbour far away.

Lord, in your mercy...

That young people will never stop seeking you and finding that you are the true source of happiness. We pray that when the world offers us mediocrity we will turn to you for greatness.

Lord in your mercy...

That young people will listen for your voice and to respond generously with their lives, even when it seems difficult. We pray that more young people will follow your voice calling them to vocations to Christian marriage, the priesthood and religious life.

Lord, in your mercy...

For our families, teachers, friends, catechists, priests and all those who support young people. Thank you for all that they do for us. Allow us to work together to make a better world for all.

Lord, in your mercy...

We pray for our parish community, for an increase in joy and love in all of us so that we can reach out to others and put our faith into action.

Lord, in your mercy...

Father, we know that you hear us when we have something to say. So we bring you all of our personal intentions in the silence of our hearts...

We ask Mary, the mother of Jesus, and our Mother, to pray for us as we say Hail Mary...



The Church knows "the strength and beauty of young people"  
(Message of Vatican II to Young People, 8 December 1965).

## Christ the King

### A FEW YOUTH GROUP GAMES...

#### Silent counting

Good team game

The group has to count a certain number set by the catechists or leaders and the young people sit in a circle in silence, they each shout out a number in sequence, the aim is to take it in turns but they can't go round the circle. This takes great skill from the group and concentration; they keep trying until they reach the set number given to them.



#### Mix & Meet

Good for discussion and getting to know each other

Get each person to grab some M&M's. Tell them not to eat them.

Assign a different meaning to each colour:

Blue = family

Green = school

Yellow = friends

Red = hobbies

Brown = music/movies

However many M&Ms they have in their hands, that is how many facts they have to tell. For example, if they have three blue, they would have to say three facts about their family.

#### One tale and two truths

This game is simply getting to know one another, so the young people make up two true facts about themselves and one lie, they then tell the group the three facts about them and the group has to guess which one is the tale.

#### Jockey up Jockey down

1. Tell the group to get into pairs,
2. Get them to designate one person from their pair to be the "jockey" and one person to be the "horse".
3. The horse need to stand in a small circle in the middle, facing the back of the person in front of them. (ie. when they walk forward they should be travelling around the circle, following the person in front of them).
4. The jockeys need to do the same thing except in a large circle around the horses and in the opposite direction.
5. A leader needs to direct the game firstly say "Horses go!" (and the horses need to start galloping around their circle). Then the leader says "Jockeys go!" and the jockeys will run around their circle.
6. When the leader yells "Jockeys up!" the jockeys must all find their partners and place their hands on the horse's shoulders. The slowest pair are out
7. To add some more interest, you can make the players change direction.



Christ the King

## Youth Group Session Acts of Mercy

Youth Group Session based on the Gospel used for the Feast of Christ the Universal King, on National Youth Sunday 2017. We recommend that before the session you read the Gospel of the Day and encourage some discussion beforehand.

### ACTIVITY

Have the images printed out and spread out for young people to explore. DO NOT INCLUDE THE TITLE OF THE IMAGE.

Set the scene with some reflective meditative music. Ask the young people to slowly move to each image and reflect on what each picture might represent. How does it make them feel? After a good amount of time ask the young people to choose one of these images below. In pairs ask them to talk about why they chose that image, what was it that drew you to the picture.

#### Shelter the homeless



#### Feed the hungry



# National Youth Sunday 2017

Something to say...

youth@dioceseofshrewsbury.org

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Christ the King

Bury the dead



(Credit – The catholic catalogue)

Give drink to the thirsty



Clothe the naked



(Credit – The catholic Hearld)

# National Youth Sunday 2017

Something to say...

youth@dioceseofshrewsbury.org



## Christ the King

### Visit the imprisoned



### Visit the Sick



### ACTIVITY

Match the corporal act of mercy to the pictures.

Have a list of the corporal acts of mercy printed out. Ask young people to select which image it represents.

### WHAT'S NEXT

Discussion time

In small groups explore what practical things they can do to engage with the Acts of Mercy. For example, charity fundraising, Youth SVP, CAFOD, Aid to the Church in Need.

Leave time for feedback.

### PRAYER

Lord God, we thank you for this time together. We pray that we can be worthy ambassadors of Your love. Let us see Your face in ALL those we meet, but especially the sick, the poor, and those most in need.

We ask this through Jesus Christ our Lord,

AMEN.