

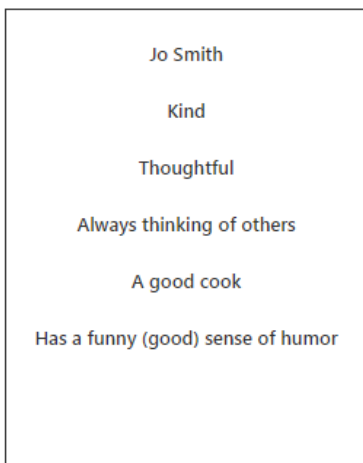
Encouragement Game

This game is a potential life changing game. It works best for groups that know each other reasonably well.

Sit in a circle and give everyone a piece of paper and pen. Each person should write their name at the top of the piece of paper, and then pass it to the person on their left. Each person then writes one or two (or more) positive characteristics about the person whose name is at the top of the paper.

After 30-60 seconds, everyone passes the pieces of paper around to their left again. This continues until everyone has written on everyone else's paper.

A typical piece of paper would look like this:



The final step is that everyone receives their piece of paper back again.

It works best if you collect them and hand them out one at a time, so everyone can see people's reaction seeing the positive comments about themselves. Depending on the makeup of the group, one option is to have people read out their own list.

