**Sixth Sunday in Ordinary Time**

**Mark 1:40-45**

February 11th 2018

In today’s Gospel we hear how a man with leprosy kneels and begs before Jesus to heal him, if He chooses. Jesus reached out his hand and touched the man saying “I am willing ... be clean.”

The man reached out to Jesus through faith, asking Jesus to heal him, Jesus commanded the man to tell no one but he could not contain his delight at being healed.

When we choose to reach out in faith to be healed of something, whether it’s physical or emotional, Jesus knows how much we desire to be transformed by Him. Remember He journey’s with us at those times of great despair and anguish and knows our hearts better than we do ourselves. He’s been through it all.

We all need healing in many areas of our lives both physically, mentally, spiritually and emotionally.Sometimes we are too proud to seek healing and we carry that deep hurt around with us. We hear in today’s Gospel about the physical healing, and how the man healed wanted to shout it from the rooftops that he had been healed.

The best place to receive healing is in the Sacrament of Reconciliation. There we receive a deep inner healing, it takes courage to face the deep hurt within us, and through prayer we are given the courage to receive such a special sacrament. We can also ask Jesus to help heal us in front of the Blessed Sacrament, spending an hour with him, another great opportunity to seek God’s healing in our lives. Take a look at your local Parish newsletter and see what your Parish has to offer!

***“Let Jesus present in the Blessed Sacrament speak to your hearts. It is He who is the true answer of life that you seek.” – St. Pope John Paul II***

Dave

SYMT