

Activities for Holy Week 2020

Shrewsbury Youth Mission Team

Palm Sunday



Scripture to read:

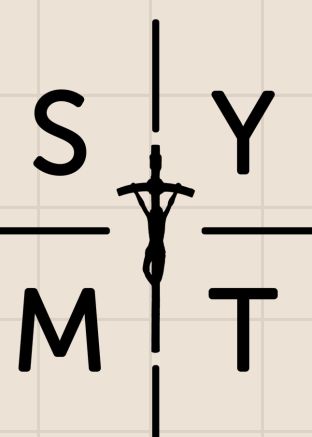
Mark 11:1-11

Activities:

- Put a branch in your window or on your door. You could even make a wreath out of leaves and branches.
- Write out the word 'Hosanna' onto a piece of paper and decorate it, display it alongside your branches.

Reflection Question:

Read the scripture for today. How differently are the crowds reacting to Jesus today, compared to Good Friday? Are there any times we can be more loyal to those we love?



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Spy Wednesday

Scripture to read:

Luke 22:1-6

Activities:

- Have a treasure hunt around your house using silver objects.
- Play eye spy with your family.
- Write a poem or story about the events of Holy Week.

Reflection Question:

How does it feel to be betrayed? How do you think Jesus felt knowing His friend had betrayed Him for money?

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Mundy Thursday

Scripture to read:

Matthew 26:17-30



Activities:

- Do an act of service for someone in your house to commemorate Jesus washing His Disciples feet.
- Decorate a placemat for each family member and share a meal together.
- Bake bread.
- Watch Mass online to celebrate Jesus giving us the Eucharist to remember Him.

Reflection Question:

Why is the Last Supper important to Catholics?

What do the words of Jesus to His Disciples remind you of?

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Good Friday

Scripture to read:

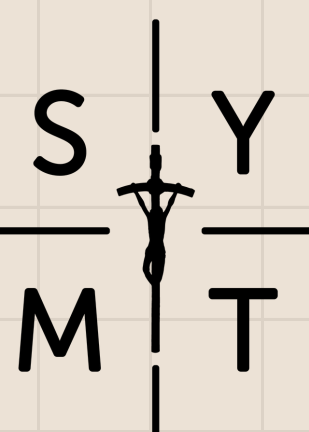
Matthew 27:32-56

Activities:

- Jesus died on the cross to forgive our sins; we should seek forgiveness for the things we have done wrong. Write a note to say sorry to someone.
- Pray the Stations of the Cross.
- Make an Easter garden.

Reflection Question:

Good Friday is all about forgiveness. What do you want to say sorry to God for today?



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Holy Saturday

Scripture to read:

Genesis 1:1, 26-31



Activities:

- Clean and declutter your house.
- Draw a picture of yourself and write down your good qualities, gifts and talents that God has given you. You could even get your family involved and help them to do the same.
- Spend the day being as quiet as possible, to reflect on how much Jesus loves us.

Reflection Question:

What does it feel like to wait? How must the Disciples have felt the day after Jesus died?

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Easter Sunday

Scripture to read:

John 20:1-9

Activities:

- Decorate your house for Easter. Paint eggs (or colour in an egg picture).
- Make bunting of the word Alleluia.
- Sing joyful songs and dance around your house to celebrate Jesus' resurrection.

Reflection Question:

Easter Sunday is all about Jesus rising from the dead and bringing us new life. How can you offer someone hope and joy today?

