## ENCOURAGE - EQUIP - EMPOWER

## How to Play Mix & Meet

Get each person to grab some M&M's. Tell them not to eat them.

Assign a different meaning to each colour:

Blue = family
Green = school
Yellow = friends
Red = hobbies
Brown = music/movies

However many M&Ms they have in their hands, that is how many facts they have to tell. For example, if they have three blue, they would have to say three facts about their family.