**GUIDED ADORATION**

Exposition of the Blessed Sacrament

*The Blessed Sacrament should be exposed by a Priest or Deacon, but special permission can be given to Extra-Ordinary Ministers of the Eucharist.* The Blessed Sacrament is then taken from the place of reservation and usually placed in a monstrance.

Opening song – Lay it down/Soul of my Saviour

**PRAYER**

Lord Jesus, present here in the Most Blessed Sacrament

We adore You and we praise You.

Jesus, make us truly aware of the wonder of Your presence.

In this time draw us deeper into Your love.

Draw us deeper into Your peace.

Draw us deeper in love with You.

Amen.

**REFLECTION**

From the Gospel of Saint Luke – Chapter 5

One day Jesus was standing on the shore of Lake Gennesaret while the people pushed their way up to him to listen to the word of God. He saw two boats pulled up on the beach; the fishermen had left them and were washing the nets. Jesus got into one of the boats—it belonged to Simon—and asked him to push off a little from the shore. Jesus sat in the boat and taught the crowd.

When he finished speaking, he said to Simon, “Push the boat out further to the deep water, and you and your partners let down your nets for a catch.”

“Master,” Simon answered, “we worked hard all night long and caught nothing. But if you say so, I will let down the nets.” They let them down and caught such a large number of fish that the nets were about to break. So they motioned to their partners in the other boat to come and help them. They came and filled both boats so full of fish that the boats were about to sink. When Simon Peter saw what had happened, he fell on his knees before Jesus and said, “Go away from me, Lord! I am a sinful man!”

He and the others with him were all amazed at the large number of fish they had caught. **10**The same was true of Simon's partners, James and John, the sons of Zebedee. Jesus said to Simon, “Don't be afraid; from now on you will be catching people.”

They pulled the boats up on the beach, left everything, and followed Jesus.

Questions to lay at Jesus’ feet

* When have I felt *In too deep?*
* When have I not trusted the Lord?
* What is my safety net that I cling to?
* Do I sound *awestruck* when I talk about my faith?
* Do I question what Jesus sees in me as I work in my Parish?
* Do I let fear keep me from jumping into the deep end with Christ?

**LITANY**

When peace is fragile **Lead us to depend on You**

When tempers are raised **Lead us to depend on You**

When atrocities occur **Lead us to depend on You**

When forgiveness is rejected **Lead us to depend on You**

When agreements are broken **Lead us to depend on You**

When darkness weighs us **Lead us to depend on You**

When we cannot see you **Lead us to depend on You**

When hope seems faint **Lead us to depend on You**

When we feel unworthy **Lead us to depend on You**

When we feel unqualified **Lead us to depend on You**

When we feel insignificant **Lead us to depend on You**

Song: Lord I need You

**PRAYER BEFORE BENEDICTION**

Lord Jesus Christ, Light of the world,

Open the scriptures for me as You did for Your disciples.

Help me to read every story in the Gospels as an epiphany, a shining out of Your mystery, awakening my soul and lighting up my path through life.

Stir up the desire in my soul to be with You, to delight in knowing and loving You,

To discover the joy of following Your Way.

Your Way, O Lord, is my delight.

**BENEDICTION**

At the end of the period of adoration, the priest again incenses the Blessed Sacrament as a hymn of praise is sung, and then blesses the congregation with the Blessed Sacrament, making the sign of the cross.

**DIVINE PRAISES**

Blessed be God

Blessed be His Holy Name

Blessed be Jesus

True God and True Man

Blessed be the Name of Jesus

Blessed be His Most Sacred Heart

Blessed be Jesus

In the Sacrament of the Altar

*Blessed be the Holy Spirit*

*The Paraclete*

*Blessed be the great Mother of God*

*Mary, Most Holy*

**His name is Jesus, precious Jesus,**

**The Lord Almighty,**

**the King of my heart,**

**the King of glory**

Blessed be her holy

Immaculate Conception

Blessed her glorious

Her glorious Assumption

Blessed be the name of Mary

Virgin and Mother

Blessed be Saint Joseph

Her most chaste spouse

*Blessed be God*

*In His angels and His saints*

*Blessed be our great Lord Jesus*

*Our Everything*

O Sacrament most holy, O Sacrament Divine

All praise and all thanksgiving

Be every moment Thine