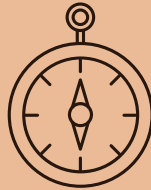
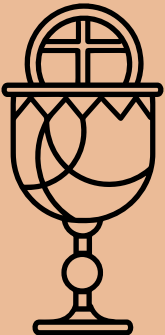


INTO THE WILDERNESS

SURVIVAL
GUIDE



LENT
2021



SHREWSBURY YOUTH
MISSION TEAM



LENT

RESOURCES

2nd Sunday of Lent

ACTIVITY

When Jesus wanted to pray, He went into the wilderness or up a mountain normally as He knew He could be alone to talk to His loving Father.

This week go on a prayer walk. Staying local you could walk around a park or your local streets with your family and pray as you walk. As you walk you could:

- Thank God for the beauty of creation around you
- Pray for the people living in the houses you are walking past
- Pray for the people who walk past you
- Pray for your own family and friends
- Pray for the sick
- Give thanks for the good things in your life
- Listen to God – it's important to take some time to be quiet with God and let Him speak to you too



SCRIPTURE

Mark 9:2-10

After six days Jesus took Peter, James and John with him and led them up a high mountain, where they were all alone. There he was transfigured before them. His clothes became dazzling white, whiter than anyone in the world could bleach them. And there appeared before them Elijah and Moses, who were talking with Jesus.

Peter said to Jesus, "Rabbi, it is good for us to be here. Let us put up three shelters—one for you, one for Moses and one for Elijah." (He did not know what to say, they were so frightened.)

Then a cloud appeared and covered them, and a voice came from the cloud: "This is my Son, whom I love. Listen to him!"

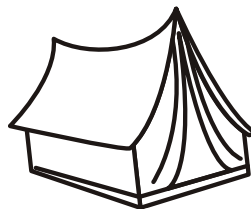


Suddenly, when they looked around, they no longer saw anyone with them except Jesus.

As they were coming down the mountain, Jesus gave them orders not to tell anyone what they had seen until the Son of Man had risen from the dead. They kept the matter to themselves, discussing what rising from the dead” meant.

REFLECTION

This week we are being encouraged to listen as the voice from heaven says, “This is my Son, whom I love. Listen to Him.”



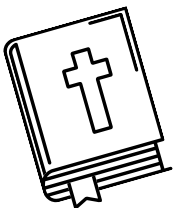
As we begin the second week of Lent this is a good reminder for us to take time and listen to Jesus during this season, through prayer. It’s easy to talk during prayer giving Jesus thanks, or telling Him our thoughts, concerns and about the areas of our life where we need help. But it’s also important to take some time to be quiet with Jesus, to simply just be in His presence.

We must be like the disciples who trusted Jesus and followed Him. We must trust that however our prayers are answered it is always in the best way for us at that time, even if we don’t totally understand.

PRAYER

Jesus, I give you thanks for all that you give me. Sometimes I find it easier to speak and give my worries, troubles and concerns to you and don’t always take the time to listen for your answer.

Help me to make time to sit with you and to hear your voice in the wilderness of lent. May I always be able to see you working in my life.



CHALLENGE



As well as giving your time to speaking in prayer this week, try to change your routine slightly and include time to listen to Jesus in prayer.

Start with a small amount of time listening and over the next few weeks increase it.