**FAITH IN ACTION**

**Group Reflection Activity**

**Session Title:** Social Doctrine of the Church: Solidarity (adapted from Missio)

**Age group:** Yr 8+

**Resources required:** A3 paper, markers coloured pencils, magazines and/or internet access

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| section | Activity Outline | mins | Resources |
| **Intro & FIA prayer** | Intro to session and format  Say:  **The Faith in Action Award celebrates young people's active service in helping to build the Kingdom of God on Earth. This reflection activity is to help you think about what your service means to others, to the Church and to yourself. There are 3 sections: The Good News, The Church Story, & Personal Story.**  **In your journals, write down the title of this session** (see slide 1)  **Let’s say a prayer as we begin:**  Begin the prayer by making the Sign of the Cross, then read the FIA prayer on slide 2. (This could be read by the group leader, one or more of the young people, or a mixture of both)  Say:  **Our theme today is Solidarity. St John Paul II said that Solidarity means, ‘We are all one family in the world. Building a community that empowers everyone to achieve their full potential through each of us respecting each other’s dignity, rights and responsibilities makes the world a better place to live.**  **It is a determination to commit oneself to the common good; to the good of all and of each individual, because we are all really responsible for all.**  **It means that we treat each other as brothers and sisters.** (‘On Social Concern’ 1987)  **In your scrapbooks, write down: ‘solidarity means that we treat each other as brothers and sisters’.** | 5 | screenshare slide 1  If possible, have a prayer display-  candle/bible/cross  screenshare slide 2  journals |
| **The Good News** | Say:  **Let’s look at how we can do this in our day to day lives. Here is what the bible says about how we are meant to live as brothers and sisters.** (you may want to ask for 1+ readers)  Say:  **In pairs, let’s discuss these questions.**  Guide the discussion by reading the first question aloud, then allowing 2-3 mins for the pair to discuss. Repeat this process for the remaining questions. At the end, ask for feedback about their responses. | 15 | Screenshare slide 3  Screenshare slide 4 |
| **The Church Story** | Say:  **There is a book that contains the teachings of the Social Doctrine of the Church that is written for young people. It’s called the ‘DoCat’. ‘Do’ as in do something, and ‘Cat’ is short for catechism. Let’s learn about what the DoCat says about Solidarity.**  You may want to ask 1+ young people to read the selection aloud  **In pairs, let’s discuss these questions.**  Guide the discussion by reading the first question aloud, then allowing 2-3 mins for the pair to discuss. Repeat this process for the remaining questions. At the end, ask for feedback about their responses.  Say:  **One recent saint of the Catholic Church who showed us all how to be a family, who showed us that we are truly brothers and sisters, was St Pope John Paul II. As you know, our current pope is Francis, and before him was Benedict. John Paul II was the pope before him, and he served from 1978-2005. He served for over 26 years and his was the second longest term as pope.**  **John Paul II began the worldwide gatherings of thousands of young people called World Youth Day. He was the pope of young people and they were his heart. Let’s get to know this remarkable person a bit better.** (watch video 6 mins)  Poster Activity  Say:  **Now for an activity. Select one of St JP2’s quotes about how we can live in solidarity. Create a meme from this quote and**  **set it in a poster, using either an image from a magazine, the internet or your own drawing. You will work in a grouping that your teacher suggests.**  Read quotes out loud using 1+ young people | 10  10  30 | Screenshare slide 5  Screenshare slide 6  Screenshare slide 7  Screenshare slide 8  A3 paper, markers coloured pencils magazines and/or internet access |
| **Personal Story** | Say:  **In your journals, write down the quote from St JP2 that you like the most. This may or may not be the same one as your poster. Take a moment to do that now.** Wait a minute or so for them to write.  **We will take time to reflect on your own faith in action journey so far. Answer these questions for yourself in your journal.** | 15 | Journals  Screenshare slide 9 |
| **Liturgy** | Say:  **In preparation for our closing liturgy, let’s take a couple of minutes to listen to some lovely music and reflect on all we have learned.**  Watch video 1.45 mins  Select 4 young people to read the final prayer.  Say:  **Let’s close with this prayer by St Teresa of Avila.**  Begin with the sign of the cross and read the final prayer | 5 | Screenshare slide 10  Screenshare slide 11 |