**Faith in Action**

**Group Reflection Activity**

**Session Title:** The Beatitudes

**Age:** Year 6+

**Resources needed:**

prayer display: bible/candle/cross

journals/scrapbooks

**Outline**

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| section | Activity Outline | mins | Resource |
| **FIA Prayer** | Intro to session and format  Say:  **The Faith in Action Award celebrates young people's active service in helping to build the Kingdom of God on Earth. This reflection activity is to help you think about what your service means to others, to the Church and to yourself. There are 3 sections: The Good News, The Church Story, & Personal Story. In your journals, write down the title of this session** (see slide 1)  **Let’s say a prayer as we begin:**  Begin the prayer by making the Sign of the Cross, then read the FIA prayer on slide 2. (This could be read by the group leader, one or more of the young people, or a mixture of both) | 5 | screenshare slide 1  prayer display:  candle/bible/cross  Screenshare slide 2 |
| **The Good News** | Say:  **Our theme today is The Beatitudes also known as Jesus’ Sermon on the Mount. The Beatitudes are at the heart of Jesus’ preaching. He describes the path that will lead us to the kingdom of heaven. This natural desire for happiness comes from God, who has placed it in our hearts. God has done this so that we may be drawn to him, as he is the only one who can fulfil our desire for happiness. Hopefully, you will recognise this sermon by Jesus.**  (you may read the scripture or ask 1+ students to read it)  Say:  **Now let’s watch this video to help us understand a bit more what this sermon of Jesus is about.** Watch the video (stop at 3.53 mins)  Say:  **In pairs, let’s discuss these questions.**  Guide the discussion by reading the first question aloud, then allowing 2-3 mins for the pair to discuss. Repeat this process for the remaining questions. At the end, ask for feedback about their responses. | 15 | Screenshare slide 3  Screenshare slide 4  Screenshare slide 5 |
| **The Church Story** | Say:  **The Catechism of the Catholic Church is a book that contains all the teachings of the Church. Let’s see what the Church teaches us about the Beatitudes.**  Read the text on the slide slowly and allow a moment of silence after it’s been read  Say:  **In pairs, let’s discuss these questions.**  Guide the discussion by reading the first question aloud, then allowing 2-3 mins for the pair to discuss. Repeat this process for the remaining questions. At the end, ask for feedback about their responses. | 10 | Screenshare slide 6  Screenshare slide 7 |
| **Personal Story** | Say:  **Let’s now take the time to reflect on what we have learned and how we can use it in our life.**  **We will now take each beatitude and respond to a question about it. This will be a time of quiet reflection.**  **Write each question in your scrapbook/journal as we go. You will have a few minutes to answer each one.**  Slowly read each slide and allow 2-3 mins of writing time before going on to the next one. | 25 | Screenshare slide 8  Screenshare slides  9-16 |
| **Prayer** | Say:  **In preparation for our closing prayer, let’s take a couple of minutes to listen to some lovely music and reflect on all we have learned.**  (Watch video 2 mins)  If possible, select 8 young people to read the final prayer.  Say:  **Let’s close with this prayer about loving others.**  Begin with the sign of the cross and read the final prayer | 5 | screenshare slide 17  screenshare slide 18 |