**FAITH IN ACTION**

**Group Reflection Activity**

**Session Title:** We Love Because We Are Loved

**Age:** Year 6+

**Resources needed:**

prayer display: bible/candle/cross

journals/scrapbooks

old magazines/newspapers

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| section | Activity Outline | mins | resources |
| **Intro & FIA prayer** | Intro to session and formatSay:**The Faith in Action Award celebrates young people's active service in helping to build the Kingdom of God on Earth. This reflection activity is to help you think about what your service means to others, to the Church and to yourself. There are 3 sections: The Good News, The Church Story, & Personal Story.** **In your journals, write down the title of this session** (see slide 1)**Let’s say a prayer as we begin:**Begin the prayer by making the Sign of the Cross, then read the FIA prayer on slide 2. (This could be read by the group leader, one or more of the young people, or a mixture of both)Say:**Our theme today is about love. Without love we do not really live, we simply exist. The love that others show to us, and the love that God showers us with, bring us to life and help us to shine. The love we receive is a gift from our loving Father. From our earliest days, our family and friends teach us how to be loving people and how to show love to others. Jesus is an important part of that teaching. Our relationship with Jesus teaches us a great deal about how to love. Jesus shows us that love, and sharing that love with others, gives our lives meaning and purpose.** | 5 | Screenshare slide 1If possible, have a prayer displayScreenshare slide 2 |
| **The Good News** | Say:**Let’s look at how we can do this in our day to day lives. Here is what Jesu says about how we are meant to love one another.**(you may want to ask for 1+ readers)Say:**Let’s read that again and see this time if a word or sentence stands out for you.** (choose new readers or use the same ones)Say:**Share your word or sentence with your partner**Say:**Now let’s look at what this word ‘love’ means and how it is meant to be used in our lives.** (play video 4.30 mins)Say:**In pairs, let’s discuss these questions.** Guide the discussion by reading the first question aloud, then allowing 2-3 mins for the pair to discuss. Repeat this process for the remaining questions. At the end, ask for feedback about their responses. | 25 | Screenshare slide 3Screenshare slide 4Screenshare slide 5 |
| **The Church Story** | Say:**Showing God’s love to others could be as simple as giving someone a big smile or holding a door open for them. Then there are the huge ways of showing God’s love, including giving your life so another can live. This is what a man called St Maximilian Kolbe did during the second world war while a prisoner at a concentration camp. Here is his story of love.** (show video 1 min)Say:**In pairs, share 1 or 2 things you learned about this saint** | 5 | Screenshare slide 6 |
| **Personal Story** | Say:**Now we will reflect on all that we have learned in this session by using our journals.** | 20 | Screenshare slide 7 |
| **Liturgy** | Say:**In preparation for our closing liturgy, let’s take a couple of minutes to listen to some lovely music and reflect on all we have learned.**(Watch video 2 mins)Select 4+ young people to read the final prayer. Say:**Let’s close with this prayer about loving others.**Begin with the sign of the cross and read the final prayer | 5 | Screenshare slide 8Screenshare slide 9 |