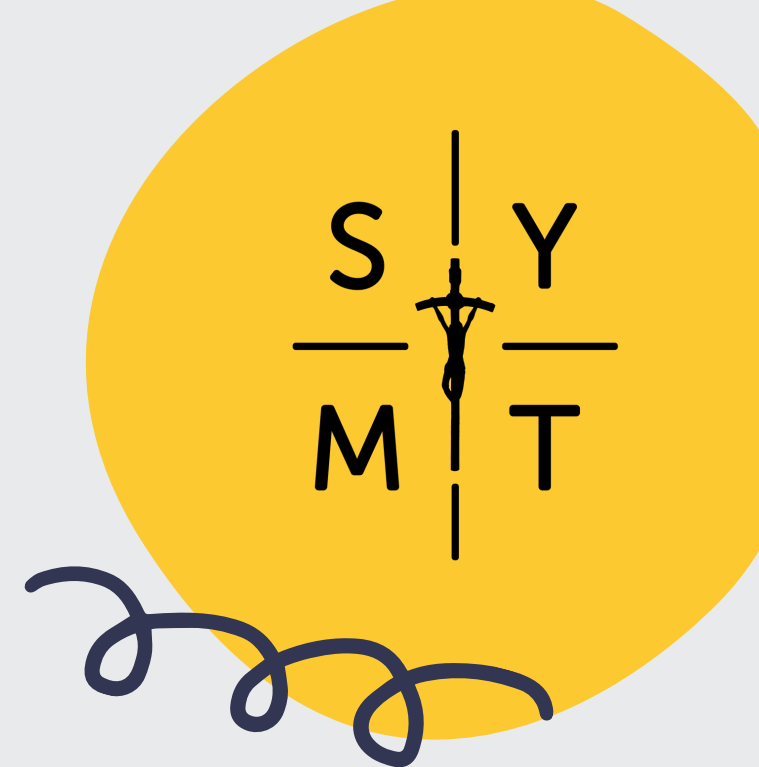


Shine

6TH JUNE 2021

CORPUS CHRISTI



SCRIPTURE
MARK 14:12-16, 22-26

On the first day of the Festival of Unleavened Bread, when it was customary to sacrifice the Passover lamb, Jesus' disciples asked him, "Where do you want us to go and make preparations for you to eat the Passover?"

So he sent two of his disciples, telling them, "Go into the city, and a man carrying a jar of water will meet you. Follow him. Say to the owner of the house he enters, 'The Teacher asks: Where is my guest room, where I may eat the Passover with my disciples?' He will show you a large room upstairs, furnished and ready. Make preparations for us there."

The disciples left, went into the city and found things just as Jesus had told them. So they prepared the Passover.

While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take it; this is my body." Then he took a cup, and when he had given thanks, he gave it to them, and they all drank from it.

"This is my blood of the covenant, which is poured out for many," he said to them.

"Truly I tell you, I will not drink again from the fruit of the vine until that day when I drink it new in the kingdom of God." When they had sung a hymn, they went out to the Mount of Olives.

Reflection

The story of the Last Supper is one that is well known and is an action that is remembered at every Mass during the Eucharistic Prayer. Today's Gospel for this great Feast of the Body and Blood of Christ, Corpus Christi, reminds us of the great sacrifice Jesus made for us. He gave us His body and blood as a selfless act of love so that we can have eternal life.

Pope Francis said: "We become what we receive: The Body of Christ" what an

amazing thought. When we receive the Body of Christ we become more and more like Christ. This however cannot be an internal process. We must share this with others. We must be Christ for others as we support, care, help and pray for them in our daily lives."

So, as you receive the Eucharist today, how will you be like Christ for someone this week?

ACTIVITY

The End and the Beginning

The Eucharist is the source and summit of the Christian life – it is the beginning and the end!

Search online for this song and listen to the lyrics.

"The End and the Beginning"
(Matt Maher)

Prayer

Lord Jesus Christ, as I receive you in Holy Communion, may I be able to reflect on how I can be more like you and follow your ways closely.

Help me to always act and speak in the right ways towards others and share the joy of your love with them. Amen



CHALLENGE

Try going to Mass a little earlier or stay after Mass to spend time in prayer before Jesus in front of the tabernacle or if your Parish has a time of Adoration, go along for as long as you can.

This is a great way to strengthen your relationship with God and to follow Him closely.