



When Jesus had again crossed over by boat to the other side of the lake, a large crowd gathered around him while he was by the lake. Then one of the synagogue leaders, named Jairus, came, and when he saw Jesus, he fell at his feet. He pleaded earnestly with him, "My little daughter is dying. Please come and put your hands on her so that she will be healed and live." So Jesus went with him.

While Jesus was still speaking, some people came from the house of Jairus, the synagogue leader. "Your daughter is dead," they said. "Why bother the teacher anymore?" Overhearing what they said, Jesus told him, "Don't be afraid; just believe." He did not let anyone follow him except Peter, James and John the brother of James. When they came to the home of the synagogue leader, Jesus saw a commotion, with people crying and wailing loudly. He went in and said to them, "Why all this commotion and wailing? The child is not dead but asleep." But they laughed at him.

After he put them all out, he took the child's father and mother and the disciples who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha koum!" (which means "Little girl, I say to you, get up!"). Immediately the girl stood up and began to walk around (she was twelve years old). At this they were completely astonished. He gave strict orders not to let anyone know about this, and told them to give her something to eat. Reflection

Our Gospel today shows different people with overwhelming faith. It did not matter how well known they were or were not, their faith brought healing.

How strong is our faith? Do we have doubts? It is in the tougher times that we can question our faith and doubts can start to creep in. But through prayer and trust, our own faith can grow and instead of doubting in times of trouble we can turn to Jesus for healing and strength.

ACTIVITY

Get Well Soon

Is there someone you know who is sick or recovering from being ill?

Make them a 'Get Well Soon' or 'Thinking of You' card and write a short prayer in it asking God to heal them and help them.



Prayer

God our Father, you gave us your son Jesus to guide us and always be with us. In our times of illness and pain may we turn to Him for healing.

Help us to grow in faith and to follow the example of the Gospel.

May our love and trust in you continue to grow.

Amen



Are there things you need help with?

Are you feeling unwell in any way?

Is there someone you know who is suffering in some way?

Turn to the Lord in great faith this week and ask Him to be with you or the person you care for in a more profound way each day.

