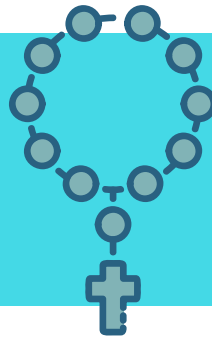


THE ROSARY



Reflections for young people

WHAT IS THE ROSARY?

The Rosary is a collection of prayers. Rosary beads help you follow what prayers you are saying. The main purpose of the Rosary is to reflect on key points of Jesus' life. This is done through the Mysteries of the Rosary. There are four sets of Mysteries that the Church focuses on a particular day throughout the week. The JOYFUL, SORROWFUL, GLORIOUS and LUMINOUS Mysteries. Each of these has five points of reflection on a specific part of Jesus' life and ministry.

PRAYERS INVOLVED

- Sign of the Cross
- Apostles Creed
- Our Father
- Hail Mary
- Glory Be
- Fatima Prayer
- Hail Holy Queen
- Final Prayer

APOSTLES CREED

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

OUR FATHER

Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, And blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

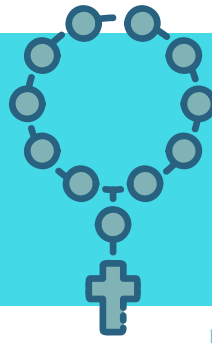
HAIL HOLY QUEEN

Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, That we may be made worthy of the promises of Christ. Amen.

FATIMA PRAYER

O my Jesus, forgive us of our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

HOW TO PRAY THE ROSARY



Reflections for young people

HOW TO PRAY THE ROSARY

ONE: Sign of the Cross and the Apostles Creed

TWO: Our Father for the Pope's Intentions

THREE: Three Hail Mary's for an increase of faith, hope and love

FOUR: Glory be

FIVE: Announce the First Mystery and then say an Our Father

SIX: Say ten Hail Mary's whilst reflecting on the Mystery

SEVEN: Glory be and the Fatima Prayer

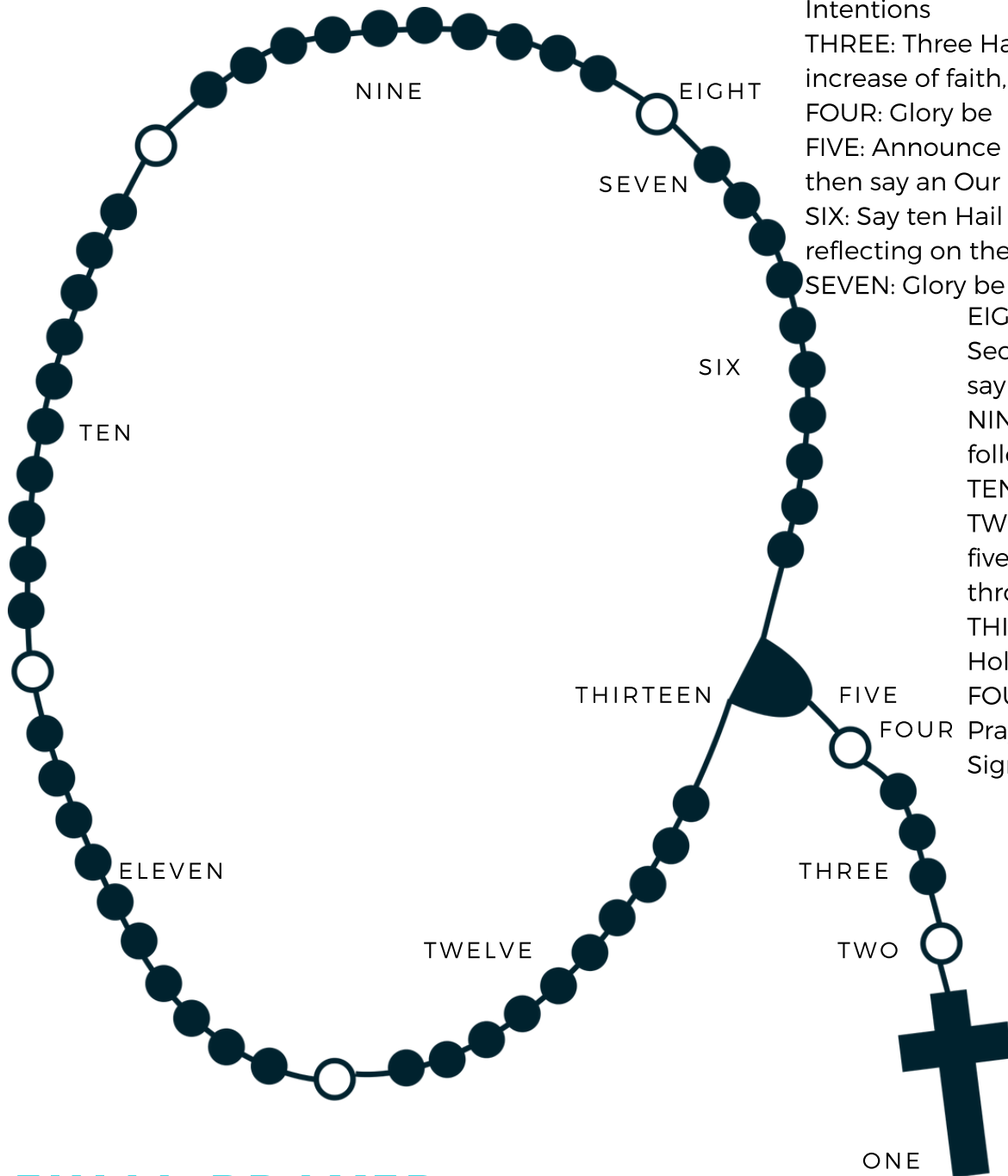
EIGHT: Announce the Second Mystery and then say an Our Father

NINE: Ten Hail Mary's followed by a Glory Be

TEN, ELEVEN and TWELVE: Repeat steps five to seven as you go through the Mysteries.

THIRTEEN: Say the Hail Holy Queen Prayer

FOURTEEN: Say the Final Prayer then make the Sign of the Cross.



FINAL PRAYER

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.