

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash
me.

Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds conceal me.
Do not permit me to be parted from you.

From the evil foe protect me.
At the hour of my death call me.
And bid me come to you,
to praise you with all your saints
for ever and ever.
Amen.





"OUR HEARTS ARE RESTLESS, O LORD, UNTIL THEY REST IN YOU."

St Augustine

















YEAR OF THE EUCHARIST

 $\frac{S}{M} \downarrow \frac{Y}{T}$ 

O MY GOD,

COME TO ME,

SO THAT YOU MAY

**DWELL IN ME** 

AND I MAY

DWELL IN YOU.

ST JEAN VIANNEY.





LORD, I AM NOT WORTHY
THAT YOU SHOULD COME
UNDER MY ROOF; BUT ONLY
SAY THE WORD, AND MY
SOUL WILL BE HEALED.

