

# Pause for Prayer

## THE DIVINE MERCY

PART 5 OF A PRAYER 'HOW-TO'

### UNPACKING DIVINE MERCY

You may recall from Part 1 that Sister Faustina - a simple uneducated nun in the 1930s - received extraordinary revelations - or messages - from our Lord Jesus. Jesus appeared to her and spoke with her many times. He asked Sister Faustina to record these experiences, which she compiled into notebooks totalling about 600 pages.

These notebooks are known today as the ***Diary of Saint Maria Faustina Kowalska***, and the words contained within are God's loving message of Divine Mercy.

There are 5 points to the Divine Mercy devotion and we will look at the fourth one - the **Chaplet of the Divine Mercy**.



### THE CHAPLET

We previously covered the novena of the Divine Mercy, which is praying for 9 days in a row for a specific group of people.

We will now look at the specific prayers for this novena called the Divine Mercy 'chaplet'.

These are prayers that are prayed using ordinary rosary beads, but it's shorter than praying the actual rosary. It actually only takes a few minutes.

Also, the chaplet can be prayed anytime, not just in this novena.



# PRAYING THE CHAPLET

So, using regular rosary beads, you begin the chaplet with an:

- Our Father
- Hail Mary
- The Apostle's Creed

Then on the first large (Our Father) bead say the following:

**'Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.'**

On the following 10 smaller (Hail Mary) beads pray:

**'For the sake of His sorrowful Passion have mercy on us and on the whole world.'**

This pattern is repeated 4 more times for a total of 5 sets of prayers. At the end of the 5th set, pray these words 3x:

**'Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.'**



## PROMISES KEPT

Jesus says,  
**"Even the most hardened sinner, if he recites this Chaplet even once, will receive grace from My Infinite Mercy!"**

Wow, what a powerful prayer we have in the chaplet!  
And there's more...

**"When this Chaplet is said in the presence of the dying, I will stand between My Father and the dying person not as the just judge but as the Merciful Saviour".**

So Jesus himself will be present at the time of death not in judgement but in mercy!

And what about the rest of us?

**"Anyone who says it will receive great Mercy at the hour of death".**

